

You would never know

from Jami Kirkbride's gentle and sincere manner that she's a survivor. You wouldn't guess that she has known the nightmare of domestic violence, the grief of miscarriage, and the isolation of depression.

While she is intimately acquainted with the suffering of trauma and loss, Jami is emphatic in her belief that challenges have helped mold her into the person God wants her to be. She shares honestly about encountering disappointment and despair. Her engaging style invites people to walk with her as she talks about the trials she has faced, or about understanding others and making the most of relationships. Jami says, "I want to give people hope and encouragement . . . along with some effective tools!"

A counseling professional with experience in training and intervention as well as marriage and family issues, Jami has the innate ability to relate with compassion and guide with optimism. She helps individuals thrive by providing practical tools to build stronger relationships. She has a Master's degree in counseling and speaks for a number of groups each year. Her writing has been featured in Focus on Your Child (through Focus on the Family), MOPS publications, Discipleship Journal, and Hopegivers.org, as well as on CBN.com. She's a contributing author to *The Mommy Diaries*, *Daily Devotions for Writers*, *When God Steps In*, *Cup of Comfort Mother-Daughter Devotional*, and *Laundry Tales*.

Jami's Experience Can Help You:

- Appreciate differences
- Manage conflict with confidence
- Communicate with clarity and purpose
- Gain perspective for everyday challenges

Jami Kirkbride



People tell Jami:

"I love listening to you! You make me feel like I don't have to be perfect." That's exactly what she likes to hear, because she knows it's not about being perfect; it's about making the most of every opportunity and life experience.

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Picking Up the Pieces

We've all been touched by some form of loss, whether emotional, physical, or related to life plans and dreams. How do we pick up the pieces and go on? The life-changing effects of shattered expectations can be paralyzing. Jami gives fresh perspective and hope for accepting, growing, and moving on.

A Winner in the End

Have the challenges you've faced in life left you feeling like a loser? Do you feel overshadowed by your past or do you see it as an important part of who you've become? Whether you've contended with great opposition or just struggled to feel worthy, Jami strives to help you find perspective, perseverance, and focus.

Parenting with Purpose

Parenting is an important job . . . one we should approach with purpose and a plan. How do we help shape our child's heart? How do we teach foundational truths that will guide them throughout life? Jami offers three keys to teaching children values and offers some practical tools that will help these principles take shape in your child's heart and home. Partnered with "Parenting With Personality," this presentation provides a focused and motivating approach to parenting.

What's My Style?

What makes your co-worker want to run the show? Why can't you and your spouse see eye to eye? How is it that what works with one child doesn't work with another? We need a way of understanding what makes people tick! Jami provides humorous instruction in four basic personality styles that are easy to identify and remember. You'll laugh as you recognize yourself and those you know. Gain insight into what makes you the way you are, what you need, and why you do what you do.

I'll Leave the Light on for You

Depression is a dark night that seems endless. Family and friends frequently do not understand the struggle or know what to do or say. Hope can feel a long ways away. Do you or someone you know struggle with depression? Let Jami propose some compassionate, practical suggestions that will guide you to the light of day.

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